



WATERFRONT TRIATHLON 5K RUN at 5 & KEIKI TRIATHLON

Sat & Sun March 20 & 21, 2010

A weekend for the entire family. Choose between the Keiki Triathlon, the 5K Run and the Sprint distance Triathlon.

Come and enjoy an awesome weekend of events!

For more info and updates: www.bocahawaii.com or visit BOCA HAWAII at 330 Cooke St. ph: 591-9839

PROGRAM OF EVENTS

Sat March 20th
Starting at 9:30 - Keiki Triathlon
8:00am - 5K Run
Sunday March 21th
7:00am - Waterfront Triathlon

PACKET PICK UP

March 18/19 12-6pm
BOCA Hawaii @ 330 Cooke St
ph (591-9839)

Race Finish Line, ph (864-0113)



Register online at www.eventsonline.ca/events/waterfront_puuloa (or sign up here; please use ink and print clearly)

ENTRY FEES

Regular Entry due by Mar 15
Keiki Triathlon (6-14yrs)
Regular \$35____
Waterfront Members \$30____
Military \$30____

5K Run
Regular \$25____
Waterfront Members \$20____
Military \$20____
Under 18 or 62+ \$20____

Triathlon
Youth (13-15yrs) \$40____
Individual \$80____
Waterfront Members/
Military \$75____
Team \$90____

Late fee \$5____
USAT #____
Youth USAT fee \$5____
1 day USAT fee \$10____
Total Enclosed = \$____
Fill out form and mail with a check to:

non-USAT members must pay one of the USAT one day fees below

Pacific Sport Events
PO Box 757
Kula, HI 96790

INDIVIDUAL ATHLETE REGISTRATION

- check race(s) you wish to register for:

KEIKI TRI (Sat 6-14yrs) 5K Run (Sat) Waterfront Triathlon (Sun) Youth Triathlon* (Sun 13-15yrs)

*For more advanced youth triathletes

Last name _____ First name _____

Address _____ T-shirt size (circle) S M L XL

City _____ State _____ Zip _____ Phone _____ Email _____
Gender: M F Age on race date: _____ Birthdate ____/____/____

*Signature _____ Date ____/____/____

RELAY TEAM for triathlon only

- check category you will race in:

MEN WOMEN MIXED

T-shirt sizes (circle)

_____ S M L XL

SWIMMER print name and *sign _____ S M L XL

BIKER print name and *sign _____ S M L XL

RUNNER print name and *sign _____

TEAM CAPTAIN: Address: _____
 Swimmer Cyclist Runner Phone: _____ Email: _____

*Upon signing this application, I also agree to sign the event waiver at packet pick-up (Parent or guardian must sign if entrant is under 18)